

# June 2024 St. Kevin Catholic School

Principal: Mr. G. Marchio
 Parish Priests: Rev. Jinto Mathew Puthiyidathuchalil, CSC, CSC & Fr. Arockia Sunil Josapath, CSC 182 Aqueduct St., Welland, ON, L3C 1C4

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#### Called By Name: Hear My Voice

Have you ever tried talking to someone in another room? It can be difficult to hear what the other person is saying because of all the walls and obstacles in the way. Sometimes we put obstacles up that make it hard for us to hear God's voice. God never moves away from us, but we can turn away from Him. Even still, God is never far from us. He loves us and wants to lead us back home. One of God's ways of removing these obstacles is by forgiving us in the Sacrament of Reconciliation. The words we hear from the priest are the words of Jesus: "I absolve you of your sins." Let us give thanks to God for His mercy and take advantage of this great gift of God's forgiveness.

Mr. G. Marchio Principal





2022 • 2026



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#### Pizza Days

Thursday, June 6<sup>th</sup>, 2024 Thursday, June 20<sup>th</sup>, 2024

#### **PA Day**

Friday June 7th, 2024

No School for Students

#### **Subway Day**

June 13th, 2023

#### **Closing School Mass**

Wednesday, June 12<sup>th</sup>, 2024 12:45 p.m. ~ St. Kevin Church

#### **Gr. 8 Graduation**

Thursday, June 20th, 2024 6 p.m. @ Notre Dame

#### LAST DAY OF CLASSES

June 27<sup>th</sup>, 2024 (ALTERNATE DRESS DAY)

### ~~~ Mission Statement ~~~

We are a Christ-centred Catholic faith community that celebrates diversity and fosters spiritual growth, inspiring all to reach their full potential in mind, body and spirit."

#### **Prayer for Dad**

# What Makes A Dad?

God took the strength of a mountain,
the majesty of a tree,
The warmth of a summer sun,
the calm of a quiet sea,
The generous soul of nature,
the comforting arm of night,
The wisdom of the ages,
the power of the eagle's flight,
The joy of a morning spring,
the faith of a mustard seed,
The depth of a family need,
then God combined these qualities,
When there was nothing more to add, He knew
His masterpiece was complete,
And so he called him....

DAD!



#### September 2024 Classes

Information regarding student placement for September will **not** be sent home at the end of June. During the month of June, staff will be meeting to discuss and place students with classmates with whom they feel students will be most successful. A great deal of time and effort is spent determining the composition of classes. When organizing class groupings, attention and diligence is required on behalf of the classroom teachers, resource teacher, vice principal and principal. A variety of factors are seriously considered when establishing classes. Creating a successful learning environment for all students is a goal we aim to achieve. Some of the criteria considered include: Ability, Individual Needs, Behaviour, Work Habits, Age; Learning Styles, and Class Size. Please note that requests for specific classroom teachers will not be considered and some requests may not be possible due to school organization restrictions.

#### **HOW CAN PARENTS HELP?**

Talk positively to your child about next year. If your child is with a different group of students, please discuss relationship building and new friendships.

Make this a positive experience.



#### \*\*\*Bell Times 2024-2025\*\*\*

As we continue to work together as a Catholic community of learners, this letter is to notify you that all Niagara Catholic elementary schools will be on a Balanced School Day schedule effective-September 3, 2024. A Balanced School Day is a modified elementary school schedule designed to enhance learning, foster healthy habits, and encourage daily physical activity.

This schedule comprises three instructional blocks interspersed with two nutritional breaks of approximately 40 minutes, allowing 20 minutes for a nourishing lunch and an additional 20 minutes for indoor and/or outdoor physical activity.

A typical Monday to Friday Balanced School Day at St. Kevin Catholic School would be:

- 8:30 a.m. Morning Bell
- 8:30 8:40 a.m. Morning Prayer/Opening Exercises
- 8:40 10:00 a.m. -80 instructional minutes
- 10:00-10:40 a.m. − 40 minutes nutrition/physical activity break
- 10:40-12:40 p.m. 120 instructional minutes
- 12:40 1:20 p.m. 40 minutes nutrition/physical activity break
- 1:20-2:40 p.m. -80 instructional minutes
- 2:40 2:50 p.m. Afternoon Prayer/Dismissal Preparation
- 2:50 p.m. Dismissal Bell

#### Tips for Parents

How to Plan and Prepare for Nutritional Breaks Packing a nutritious meal for the Balanced School Day can be both enjoyable and straightforward. Here are some suggestions to help you plan a healthy lunch for your child:

- Divide a single lunch into two portions to ensure adequacy for each nutritional break.
- Wrap sandwiches individually or cut them in half.
- Separate fruits, vegetables, crackers, and cheese into labeled bags for each break.
- Consider providing two healthy drinks for each break.
- Avoid packing foods containing nuts or nut products to support our peanut-safe schools.
- Involve your child in planning and preparing their nutritional breaks.
- Ensure your child includes a balanced selection of healthy foods if they are responsible for packing their lunch.
- Aim to include items from three of the five food groups outlined in Canada's Food Guide to Healthy Eating for each break.

To accommodate these changes, the school day will be extended by 10 minutes. As communicated by NSTS, our school day for September 2024 will begin at 8:30 a.m and conclude at 2:50 p.m.

#### **Confirmation 2024**

On Tuesday, April 30<sup>th</sup> the Grade 8 students of St. Kevin received the sacrament of Confirmation. It was a very special day for all of the students and their families. Thank you to Bishop Gerard Bergie & Father Jinto & Father Sunil for a beautiful ceremony and to our Grade 8 teachers Mrs. Caporicci and Mrs. Buccione for preparing our students so well for their special day.

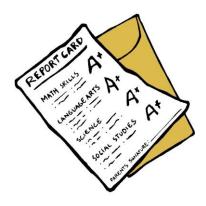


#### Final Report Card 2023-2024

The provincial report card is only one among several means used by teachers for reporting student achievement to parents and students.

Communication about student achievement should be designed to provide detailed information that will encourage students to set goals for learning, help teachers to establish plans for teaching, and assist parents in supporting learning at home. (Guide to the Provincial Report Card, Grades 1-8)

The Term 2 Report Card will be available on the Parent Portal on the week of June 24<sup>th</sup>, 2024. If you would like a hard copy of the final report card please contact the main office.



#### Reconciliation

On Tuesday, May 14<sup>th</sup> our grade 3 students received the sacrament of First Reconciliation. We were able to celebrate with both Holy Name Catholic School and Alexander Kuska Catholic School. Thank you to Father Jinto and Father Sunil for leading a beautiful liturgy on both evenings.





#### **Grade 4 Dodgeball**

On May 7<sup>th</sup> our Grade 4 students participated in Dodgeball Tournament at Notre Dame. This event was an excellent experience for our Grade 4 students as they demonstrated athletic skill and good sportsmanship throughout the tournament. A special congratulations to one of our Grade 4 teams which won the championship game!! I would like to thank *Mrs. Joyce* for leading and accompanying our students on these days! Great job Celtics!





#### **Grade 5 Handball**

On May 15<sup>th</sup> our Grade 5 students participated in Handball Tournament at Notre Dame. This event was an excellent experience for our Grade 5 students as they demonstrated athletic skill and good sportsmanship throughout the day. A special congratulations to one of our Grade 5 teams which won the championship game!! I would like to thank *Mr*. *Watson & Mr. Sorella* for leading and accompanying our students on these days! Great job Celtics!





#### **Intermediate Flag Football**

On May 21<sup>st</sup> our Intermediate flag football team competed at the NCDSB tournament at the Welland Sportsplex. All players are commended for their hard work and sportsmanship on the day. A special congratulations to our graduating players and we wish them the best of luck in their football futures!

Thank you to Mrs. Caporicci for coaching and leading our student athletes!





#### THANK YOU!!!!

Special Thank You to....

To *Father Jinto and Father Sunil* for their spiritual guidance throughout this school year and to Mario and Stefanie for sharing their musical talents with the St. Kevin Catholic community and to Jessica (Secretary of St. Kevin Church) for all of her support and guidance and organization.

To the members of our Catholic School Council under the leadership of *Mrs. Timmers and Mrs. Vallee* for their tireless efforts on behalf of our school and students. Thank you for your great leadership, assistance and continued support.

To our *students* who have worked hard, shared their gifts and created many special moments for us throughout the year.

To Mrs. Kinney, Superintendent of Education, for her continued support of the St. Kevin Catholic School Community.

To all *teaching staff* for their dedication to students to whom which they serve.

To all our *families* who supported our fundraising activities and social justice events.

To Mrs. Coatsworth our consummate professional school secretary, who facilitates the caring, efficient operation of the office.

To *Mr. Schuler*, our library technician, for maintaining an easily accessible library.

To our committed Educational Assistants ~ Mrs. White, Mrs. Langelaan, Mrs. Powell and Ms. Geremia and our dedicated Child and Youth Care Workers, Mrs. Perron and Mrs. Guthoerl who consistently assist to ensure the safety and academic success of all our students.

To our dedicated school custodial staff, *Mr. Yakubowski*, *and Mr. Doucet* who facilitate the safe and clean operation of our school building and property.

To *Danny* our crossing guard, who keeps our students safe as they get to and from St. Kevin Catholic School!



# Niagara Region Public Health School Health Newsletter June 2024

# **Check your Immunization Records and Travel Health Notice**

If you are planning to travel, add these actions to your planning checklist to help make your trip a healthy one.

- 1) Make sure you and your children are up-to-date with vaccinations. Staying up-to-date with vaccinations is important all year round. It is especially important before travelling.
  - When travelling, you may be at risk for vaccine preventable illnesses. <u>Check your immunization records</u> or talk to your health care provider.
  - Learn more about <u>where to get vaccinated</u>. Remember to report vaccinations to Public Health for children 0 17 years of age. Report online or call 905-688-8248 or 1-888-505-6074 ext. 7425
- 2) Review the Public Health Agency of Canada's <u>travel health notices</u>. These notices outline potential health risks to Canadian travelers and ways to help reduce them. Stay informed as you plan your travel.



#### **Ticks**

Ticks, mosquitos and rabid animals can be a risk as the weather warms up.

- Mosquitoes transmit the <u>West Nile virus</u> to humans after becoming infected by feeding on the blood of birds, which carry the virus. To learn how to protect your family, visit <u>Reduce the Risk of West Nile Virus - Niagara Region</u>.
- The black- legged (deer) tick transmits <u>Lyme disease</u> to humans after becoming infected by feeding on the blood of small animals which carry the disease. To learn how to protect you and your pets, visit <u>Protect and Prevent Ticks Niagara Region</u>.
- Rabies is transmitted through saliva from bites and scratches, entering an open cut or wound, or from saliva contacting a mucous membrane, such as those in the mouth, nasal cavity or eyes.

For more information and <u>tick identification</u>, individuals can contact a Duty Officer directly at 905-688-8248 ext. 7590. General tick information can be found on our <u>Niagara Region Public Health website</u>.



#### Head safety - for bikes and other wheels

With warmer weather and summer break just around the corner, more kids will be outdoors taking part in activities, such as biking, skate boarding or roller blading. A <u>properly fitted and correct helmet</u> can cut the risk of a serious head injury by up to 85%. This means four out of five brain injuries could be prevented if every cyclist wore a helmet.

- Bike <u>helmets</u> should be replaced after five years or a crash where the cyclist has hit their head
- It's not safe to use a second-hand helmet
- Baseball hats, big hair clips and headphones should never be worn under a helmet

The human skull is just approximately one centimeter thick, so it is important to remind children to always protect their head)



#### **Food Literacy**

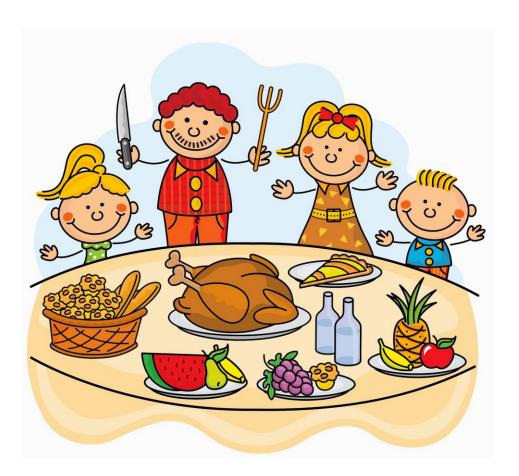
Want to get your kids excited about food? Food literacy is more than just what's on your plate. It's about loving everything to do with food! Picture your child confidently picking out fresh veggies, cooking healthy meals, and knowing how to keep food safe and budget-friendly.

Food isn't just about eating—it's about enjoying different kinds of food, tasting delicious flavors, and making special memories with family.

Here are some fun things you can do with your kids this summer to help them learn more about food:

- Kitchen Adventures: Cook together, try new recipes, and let your kids help with chopping, stirring, and tasting.
- **Grocery Store Scavenger Hunt:** Turn a trip to the grocery store into a game where you look for foods from different groups or colors.
- Grow Your Own Garden: Start a small garden and teach your kids about planting, taking care of plants, and harvesting their own veggies.
- **Food Tasting Party:** Have a party where your kids can try new fruits, veggies, cheeses, and talk about how they taste and feel.
- **Cultural Food Tours:** Explore foods from around the world through virtual or real tours, learning about new flavors and cooking styles.
- **Visit a** Local Market: Take a trip to a farmers' market, where your kids can meet the vendors and learn about where food comes from.

These activities not only teach kids about food but also make them love cooking, eating, and discovering new foods!



#### **Educational Resources**

# **Welcome to Kindergarten – Public Health Resources**

When children are starting kindergarten it is important that that parents are aware of the following information regarding:

- Childhood immunizations and vaccines required for school
- Oral health
- Vision health and eye exams
- Hand hygiene
- Sleep
- Nutrition

This video is available with additional information for parents. Welcome to Kindergarten video!

Public Health Nurses are available to attend 'Welcome to Kindergarten' events, schools call 905-688-8248 ext. 7379 or email <a href="https://healthyschools@niagararegion.ca">healthyschools@niagararegion.ca</a> to schedule an nurse at an upcoming event.

#### **OPHEA – Outdoor Education Toolkit**

With the beautiful weather quickly approaching <u>Outdoor Education Toolkit</u> was developed to enrich and promote a culture of safety-mindedness, increase teacher awareness, confidence, and preparedness to teach outdoor education safety and risk management, and increase student awareness, confidence, and preparedness about outdoor education safety and risk management.

## **Blue the Butterfly Pedestrian Safety**

Thinking about a walk to school event with the warmer weather? Consider using the Blue the Butterfly Pedestrian Safety video to support your event. <a href="CLICK HERE">CLICK HERE</a>
Blue's tips include:

- Walking to school reduces cars on the street which is good for safety and the environment, and walking in groups can be fun.
- Before you start walking, check the weather and dress properly.
- Walk where motorists expect to see you, like on a sidewalk or pathway.
- Stay alert, pay attention and listen for traffic.
- Use your pointer finger to express your intention to cross a street to motorists and obey the traffic signals.
- Show everyone respect while walking, including to fellow pedestrians and property.

Remember, most students who travel to school on the bus are pedestrians on their journey to the bus stop and can benefit from watching this video too! Visit Pedestrian Safety Program for Primary Grades (nsts.ca)





# VOLUNTEER FAMILIES NEEDED!

Want to make a BIG difference in your community?

Will you have a 2 - 4 month old by October?

# WHAT'S INVOLVED?

Your baby becomes a 'Tiny Teacher' for a classroom in your community!

 Nine classroom visits to your local school over the entire school year

Help the children learn all about your baby and through this, learn more about themselves and each other!



Racines de l'empathie